

2 Samuel 22:7-8 (NLT2)

But in my distress I cried out to the LORD; yes, I cried to my God for help. He heard me from his sanctuary; my cry reached his ears. "Then the earth quaked and trembled. The foundations of the heavens shook; they quaked because of his anger.

Are you going through a tough time right now? Maybe you have cried out to God, and like this Psalm that David wrote, you are waiting for some earth-shattering thing to happen to help you, but nothing.

So has God forgotten about you or has He not heard your cry for help?

† *He heard me from his sanctuary; my cry reached his ears.*

God hears all our cries out for help, but He doesn't always bring an earthquake to answer those cries.

† **1 Kings 19:11-12** *Then He said, "Go out, and stand on the mountain before the LORD." And behold, the LORD passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a still small voice.*

That is where faith comes in, knowing that God has heard your cry for help and is helping you right now, even if you can't see that help.

† **Heb 4:16** *Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.*

This devotional is pretty short and simple, but very true.

So even if you can't see what the Lord is doing right now, simply ***Trust in the LORD with all your heart, And lean not on your own understanding; Prov 3:5***